

If you live in multi-unit housing and are being involuntarily exposed to second-hand smoke in your home, you are not alone.

More than 30 per cent of Albertans who live in multi-unit housing report being exposed to second-hand smoke that is entering their homes from neighbouring units during the past six months. There is no safe level of exposure to second-hand smoke. It increases the risk of developing lung cancer, heart attack and stroke and exacerbates allergies and breathing problems.

The good news is, regardless of whether you're an owner or a tenant, there are steps you can take to help protect yourself and your family from exposure to second-hand smoke.

**did you
know?**

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learn more

Learn more about your options and find tools and resources to help advocate for a smoke-free policy in your building at smokefreehousingab.ca. Learn how to:



**minimize your
exposure to second-
hand smoke**



**effectively
document your
concerns**



take legal action



**find smoke-free
housing options in
your area**



negotiate a solution



**advocate for
a smoke-free
building**

Join the movement toward smoke-free living!
smokefreehousingab.ca



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